



WHAT IS OCCUPATIONAL HEALTH MANAGEMENT?

Alongside providing health-related skills, occupational health management also encompasses the **systematic, sustainable integration of health promotion**, with the objective of creating healthy overarching conditions for all interest groups.

Within the university, this is about developing structures and processes, so that research and art, teaching, studies and administration can be shaped in a **health-conscious manner**.

A health-conscious university is a complex social system with a resource-based approach to thinking and action, and a holistic view of the issue of health.

Links and tips

Okanagan Charter - an international charter for health-conscious universities

→ [Download the Charter](#) (PDF)

'Gesunde Hochschulen in Thüringen' ('Healthy universities in Thuringia') discussion forum

<https://www.th-austauschforum.de>

Federal Centre for Health Education

<https://www.infektionsschutz.de/hygienetipps>

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