

Counseling services for students

Directory to the flyer

AG Awareness

Working group of the Student Council
of the FRANZ LISZT University of Music Weimar

Initial contact and counseling principles

In nearly all counseling centers, a phone call is the easiest way to make initial contact. In most cases, you will then make an appointment for a face-to-face meeting or a detailed phone call. Sometimes a video call is the best solution. If it is urgent, you will usually get an appointment immediately. Otherwise, depending on the offer, there may be waiting periods of several weeks (mostly due to staff shortages.) It is therefore recommended making contact with the counseling center early on.

Many counseling centers also offer open consultation hours where you can have an initial face-to-face meeting without having to register. You can also contact them by email or using the online form, in which you can describe your situation and your concerns in a few sentences.

Ethical principles of counseling: Confidentiality, anonymity, partiality, independence

All services on this list are free of charge and subdue to the principles of confidentiality and anonymity: Counselors are obliged to keep your concerns to themselves or to a previously defined, narrow group of people who have been made transparent to you. Depending on the form of counseling and the sensitivity of the topic, you will remain completely anonymous (especially regarding supra-regional telephone counseling services) or you may only disclose your telephone number or e-mail address (telephone counseling, online counseling). Counseling centers for cases of discrimination, violence, crime and conflict also work according to the principle of partiality: they take your experiences seriously, take your side and support you in the best possible way. Another important criterion is the independence of a counseling service. All professional advice centers are free from political influence and independent from government institutions.

The special situation of internal universitarian contact points

For counseling services within the university, meeting the requirements of independence on sensitive topics such as discrimination or bullying can be an almost impossible act of balancing: The foremost relevant contact persons (students and teaching staff) are often in a personal or professional relationship with the perpetrators of boundary violations, especially at a small university. For example, a member of the Awareness Working Group may take part in the same musical ensemble as a student who behaves in a way that violates the boundaries of others. Another scenario might be: a member of the committee for diversity may work on a panel with a teacher who has been alleged of discriminating against a student. Due to these resulting role conflicts, external bodies are a more suitable first point of contact. It may be wise to use the university's services in a second step, as they know the structures and possibilities for internal processing and the formal ways of communication for filing a complaint.

When students act as a contact point (peer-to-peer counseling), they have the advantage of being able to understand the situation of their fellow student within the social structure of the university and can therefore offer emotional support.

Language: Almost every counseling service in this list offers counseling in *English*. Confirmed english-speaking consulting points are being labelled as such with the letter (*E*). In addition, many counseling offers have access to a simultaneous telephone interpreter service in dozens of languages.

<https://www.hfm-weimar.de/awareness>

<https://www.hfm-weimar.de/studieren/studierendenrat/ag-awareness>

Overview by topic

General counseling

General social counseling of the Studierendenwerk Thüringen
Pastoral care of the Protestant Student Community Weimar
Pastoral care of the Catholic Student Community Weimar
Psychosocial counseling of the Studierendenwerk Thüringen

Emotional crisis and mental health

International telephone helplines
Psychiatrische Institutsambulanz Sophien- und Hufeland-Klinikum Weimar
Psychosocial counseling of the Studierendenwerk Thüringen
Selbsthilfekontaktstelle Weimar
Sozialpsychiatrischer Dienst Stadt Weimar

Financial issues

Arbeiterkind Weimar
Department of Academic und Student Affairs of the FRANZ LISZT University of Music Weimar
General social counseling of the Studierendenwerk Thüringen
Scholarships and funding programmes of the FRANZ LISZT University of Music Weimar

Judicial Counseling

Legal advice of the Studierendenwerk Thüringen

International students

International Office of the FRANZ LISZT University of Music Weimar
International Tutors of the FRANZ LISZT University of Music Weimar

Grief counseling

Bereavement support-group *Weggefährten* of the Studierendenwerk Thüringen

Pregnancy, Family and Childcare

Counseling and family center SOS Children's Villages Weimar
Department of Academic und Student Affairs of the FRANZ LISZT University of Music Weimar
General social counseling of the Studierendenwerk Thüringen

Chronic illness and disability

Department of Academic und Student Affairs of the FRANZ LISZT University of Music Weimar
Diakoniestiftung Weimar Bad Lobenstein
Diversity Officer Prof. Meike Britt Hübner of the FRANZ LISZT University of Music Weimar
and Deputy Diversity Officer Eva-Marie Schmitt
Selbsthilfekontaktstelle Weimar
Teilhabezentrum Weimar

Queer identity

Queeres Zentrum Erfurt
Queer YMR, Department of the Bauhaus University Weimar Student Convention
TIAM Trans-Inter-Aktiv in Mitteldeutschland e.V.
Trans*Inter*Beratungsstelle München
Vielfalt Leben QueerWeg Verein für Thüringen e. V. Jena

Asylum, refuge and immigration

AntiRaktiv, MigraNetz Thüringen e.V.

Commissioner for foreigners Prof. Dr. Jascha Nemtsov of the FRANZ LISZT University of Music Weimar

Mut-Macherinnen, Projekt des DaMigra e.V. Erfurt

PRO ASYL Einzelfallberatung

Addiction

Addiction Counseling SiT Weimar

AIDS-Hilfe Weimar & Ostthüringen e.V.

Selbsthilfekontaktstelle Stadt Weimar

Discrimination and (sexual) violence

AIDS-Hilfe Weimar & Ostthüringen e.V.

Arbeitsgruppe Awareness of the FRANZ LISZT University of Music Weimar

Digital anonymous mailbox of the Student Confidants of the University of Music FRANZ LISZT Weimar

Digital anonymous mailbox of the Diversity officer of the FRANZ LISZT University of Music Weimar

Diversity Officer Prof. Meike Britt Hübner of the FRANZ LISZT University of Music Weimar

and Deputy Diversity Officer Eva-Marie Schmitt

EmpowerMensch Antidiskriminierungsberatungsstelle Erfurt

Equal Opportunities Officer Prof. Bettina Born of the FRANZ LISZT University of Music Weimar

and Deputy Equal Opportunities Officer Prof. Anne Schwanewilms

Ezra Erfurt

Frauenzentrum Brennessel e.V.

Frauenzentrum Weimar e.V.

Projekt A4 Männerberatung Jena

Student Confidants of the FRANZ LISZT University of Music Weimar

Themis Vertrauensstelle gegen sexuelle Belästigung und Gewalt e.V.

Violence against women support Hotline

Weisser Ring e. V. Weimar branch office

Conflicts and difficulties with the university

Arbeitsgruppe Awareness of the FRANZ LISZT University of Music Weimar

Student Confidants of the FRANZ LISZT University of Music Weimar

Student Council of the FRANZ LISZT University of Music Weimar

Directory

(E) Department of **Academic and Student Affairs** (ASA) of the FRANZ LISZT University of Music Weimar

Topics: Student financing, pregnancy, child and family, care, part-time study, long-term study fees

Web: <https://www.hfm-weimar.de/en/study/study-organization/asa>

Mail: studservice@hfm-weimar.de

Phone: +493643/555 156, +493643/555 184, +493643/555 325, ...

Open consultation hours: Tue and Thu 9:30–11:30 and 13:00–15:00

Address: (building of administration) Rößlersches Haus, Platz der Demokratie 2/3, 99423 Weimar

Some tasks within the ASA are linked to individual persons, as can be seen on the homepage. It is advantageous to contact the specific person responsible for your topic.

Addiction Counseling SiT Weimar

Counseling, referral and aftercare for addictions to alcohol, drugs, gambling and internet use (also for relatives, friends)

Web: <https://www.weimar.de/leben/soziales-und-gesundheit/familie/hilfe-bei-problemen-und-krisen/psychosoziale-beratungsstelle-fuer-alkohol-und-drogenprobleme-sit/> and <https://sit-online.org/>

Mail: psbs-weimar@sit-online.org

Phone: +493643/8521 33, +493643/8521 34

Open consultation hours: Mon 09:00–12:00 and 14:00–16:00, Tue 9:00–12:00 and 15:30–18:30,

Thu 9:00–12:00 and 14:00–15:00, Fri 9:00–11:00

Address: Steubenstraße 32, 99423 Weimar

Like most of the services in this directory, the SiT is bound to confidentiality. The counseling team does only speak German language, but has access to a simultaneous telephone interpreter service in several languages. If possible, find a friend or another person you know to accompany you to counseling.

(E) **AIDS-Hilfe Weimar & Ostthüringen e.V.**

Topics: Educational work against the stigmatization of HIV and AIDS, drug counseling

Web: <https://www.weimar.aidshilfe.de/en>

Mail: info@weimar.aidshilfe.de

Phone: +493643/85 35 35

Open consultation hours: Tue 13:00–16:00, Wed 10:00–12:00, 13:00–16:00, Thu 10:00–12:00

Address: Erfurter Straße 17, 99423 Weimar

(E) **AntiRaktiv, MigraNetz Thüringen e.V., Weimar**

Empowerment, counseling and education against (everyday) racism

Web: <https://www.migranetz-thueringen.org/de/projekte/antiraktiv/>

Mail: natalia.beck@migranetz-thueringen.org

Phone: +493643/87777 46

Counseling hours by appointment

Address: Schillerstraße 10, 99423 Weimar

Counseling is offered in several languages, including Farsi, Dari, English, German, Turkish, Kurdish, Arabic, Pashto.

Arbeiterkind Weimar

Student financing

Web: <https://www.arbeiterkind.de/lokal/weimar>

Mail: weimar@arbeiterkind.de

Tel: +4930 679 672 750

Counseling hours by appointment. Meeting every second Wednesday of the month 19:00, Amalienstraße 13, 99423 Weimar

Address: Obentrautstraße 57, 10963 Berlin

(E) **Arbeitsgruppe Awareness**, students of the FRANZ LISZT University of Music Weimar

Discrimination in everyday university life, conflicts with teachers

Web: <https://hfm-weimar.de/awareness>

Mail: hfm.awareness@m18.uni-weimar.de

Phone: -

Instagram: @hfm_ag.awareness

Open consultation hours: Wed 16:30–17:30, Fürstenhaus, Room 021

Postal address: StuRa HfM FRANZ LISZT Weimar, AG Awareness, Platz der Demokratie 2/3, 99423 Weimar

For the sake of confidentiality, please contact an individual member of the working group via their email address (see <https://hfm-weimar.de/awareness>). In this case, your request will remain with the person who first contacted you and can only be passed on within the group with your permission. For example, find a working group member who belongs to a different degree program, institute and circle of friends than you. If you want your identity to remain completely hidden, use the →digital anonymous mailbox of the Student Confidants.

(E) **Bereavement support-group Weggefährten** of the Studierendenwerk Thüringen

Web: <https://www.stw-thueringen.de/beratung/gruppenangebote.html>

Mail: ralf.albrecht@stw-thueringen.de

Phone: -

Regular meetings: Mon 18:00–20:00 (every four weeks), participation by appointment

Address: Begegnungszentrum Hospiz, Paul-Schneider-Straße 5, Jena

(E) **Commissioner for foreigners** Prof. Dr. Jascha Nemtsov of the FRANZ LISZT University of Music Weimar

Web: <https://www.hfm-weimar.de/hochschule/notsituationen>

Mail: jascha.nemtsov@hfm-weimar.de

Phone: +49 3643 555 275

Counseling hours by appointment

Address: Hochschulzentrum am Horn

(E) **Counseling and family center** SOS Children's Villages Weimar

Parenting and family counseling, including partnership conflicts, separation and divorce

Web: <https://www.sos-kinderdorf.de/kinderdorf-thueringen/angebot/erziehungs-und-familienberatung-weimar>

Mail: weimar@sos-kinderdorf.de

Phone: +493643/493440 (Mon–Wed 9:00–14:00, Thu 9:00–17:00, Fri 9:00–13:00)

Counseling hours by appointment

Address: Coudraystraße 8, 99423 Weimar

The offer is only available for persons who have registered their place of residence in Weimar. The counseling team of the Counseling and family center SOS Children's Villages Weimar has access to a simultaneous telephone interpreter service in several languages.

Diakoniestiftung Weimar Bad Lobenstein

Disabilities

Web: <https://www.diakonie-wl.de/einrichtungen-angebote/menschen-mit-behinderungen/>

Mail: k.steigleder@diakonie-wl.de

Phone: +4936643/30 4104

Counseling hours by appointment

Address: Katrin Steigleder, Altengesees 29, 07368 Remptendorf

The office of the Diakoniestiftung Weimar Bad Lobenstein does only speak German. If possible, find a friend or another person you know to accompany you to the counseling.

(E) **Digital anonymous mailbox** of the Diversity Officer of the FRANZ LISZT University of Music Weimar

Web: <https://www.hfm-weimar.de/en/hochschule/gleichstellung-und-diversitaet/anonymus-mailbox>

When using the anonymous mailbox, you enter a message in an online form. This will be sent to the Diversity Officer without being traced back to you.

(E) **Digital anonymous mailbox** of the Student Confidants of the FRANZ LISZT University of Music Weimar
Web: <https://www.hfm-weimar.de/en/study/student-council/digital-anonymous-mailbox-of-the-student-counsellors>
When using the anonymous mailbox, you enter a message in an online form. This will be sent to the Student Confidants without being traced back to you.

(E) **Diversity Officer Prof. Meike Britt Hübner** of the FRANZ LISZT University of Music Weimar and **Deputy Diversity Officer Eva-Marie Schmitt**
Counseling and help with conflicts and bullying as well as (sexualized) discrimination, harassment and violence, support in balancing family, studies and work
Web: <https://www.hfm-weimar.de/en/university/equality-and-diversity/news>
Mail: diversity@hfm-weimar.de, eva-marie.schmitt@hfm-weimar.de
Phone: -
Counseling hours by appointment
Postal address: Platz der Demokratie 2/3, 99423 Weimar
The Diversity Officer receives the messages deposited in the →[digital anonymous mailbox](#).

(E) **EmpowerMensch Antidiskriminierungsberatungsstelle Erfurt**
Contact point for discrimination of any kind
Web: <https://www.empowermensch.org/>
Mail: beratung@empowermensch.org
Phone: +49361/213 47 395
Open consultation hours: Mon and Tue 8:00–15:00
Address: Thälmannstraße 50, 99085 Erfurt
The advice center is currently not staffed (as of 30.1.2024). Please contact one of the other services in this directory, such as →[ezra](#), the →[Frauenzentrum Weimar](#), the →[Frauenzentrum Brennessel](#), the →[Projekt A4](#) or the →[Themis Vertrauensstelle](#).

(E) **Equal Opportunities Officer Prof. Bettina Born** of the FRANZ LISZT University of Music Weimar and **Deputy Equal Opportunities Officer Prof. Anne Schwanewilms**
Advice and help with conflicts and bullying as well as (sexualized) discrimination, harassment and violence, support in balancing family, studies and career, advice on career planning for female students
Web: <https://www.hfm-weimar.de/en/university/equality-and-diversity/news>
Mail: gleichstellungsbeauftragte@hfm-weimar.de, anne.schwanewilms@hfm-weimar.de
Phone: -
Counseling hours by appointment
Postal address: Platz der Demokratie 2/3, 99423 Weimar

(E) **ezra**
Counseling for victims of right-wing, racist and anti-Semitic violence in Thuringia
Web: <https://ezra.de/en/home/>
Mail: info@ezra.de
Phone: +49361/21865133 (Mon to Fri 9:00–15:00)
Counseling hours by appointment
Address: Juri-Gagarin-Ring 96/98, 99084 Erfurt

(E) **Frauenzentrum Brennessel e.V.** Centre against violence against women
Advice and support in challenging life situations and in cases of domestic and sexualized violence
Web: <https://frauenzentrum-brennessel.de/>
Mail: beratung@frauenzentrum-brennessel.de
Phone: +49361/5 65 65 10
Open consultation hours: Mon, Tue, Wed and Thu 9.00–18.00, Fri 9.00–16.00
Address: Regierungsstraße 28, 99084 Erfurt
LGBTQIA-friendly. Events and community.*

(E) Frauenzentrum Weimar e.V.

Contact point for domestic violence and stalking against women

Web: <https://frauenzentrum-weimar.de/>

Mail: frauenberatungsstelle@frauenzentrum-weimar.de

Phone: +493643/871172

Open consultation hours: Tue 14:00–17:30

Address: Schopenhauer Straße 21, 99423 Weimar

Due to waiting times of several weeks outside of acute emergency situations, it is advisable to contact the → [Frauenzentrum Brennessel e.V. in Erfurt](#) (as of January 2024). The counseling team of the Frauenzentrum Weimar has access to a simultaneous telephone interpreter service in around 50 languages.

(E) General social counseling of the Studierendenwerk Thüringen, Weimar

Open counseling

Web: <https://www.stw-thueringen.de/en/counselling/general-social-counselling.html>

Mail: asb-weimar@stw-thueringen.de (also: asb-erfurt@stw-thueringen.de, asb-jena@stw-thueringen.de u. A.)

Phone: +493643/581680

Open consultation hours: Wed 12:00–14:00

Address: Marienstraße 15a, OG Room 211, 99423 Weimar

In order to increase the chance of an appointment at short notice, it is also worth making a consultation request in other cities such as Erfurt, Jena or Leipzig, in more distant cities possibly with the request for telephone or online consultation.

(E) International Office of the FRANZ LISZT University of Music Weimar

Support and integration of international students, scholarship programs

Web: <https://www.hfm-weimar.de/en/university/international/international-office>

Mail: international@hfm-weimar.de

Phone: +493643/555 198, +493643/555 141, +493643/555 182

Counseling hours by appointment

Address: Jenaer Str. 3, 99425 Weimar

(E) International Telephone Helplines

Help with personal problems and crises, referral to further support services

<https://www.telefonseelsorge.de/international-helplines/>

Directory of international telephone helplines in several languages and of several countries.

(E) International Tutors Joana Schanze and Rommel Guasumba of the FRANZ LISZT University of Music Weimar

Help in contact with the university administration, student services and state authorities

Web: <https://www.hfm-weimar.de/en/university/international/latest-news>

Mail: joana.schanze@hfm.uni-weimar.de, rommel.guasumba@hfm.uni-weimar.de

Counseling hours by appointment

Phone International Office: +493643/555 198, +493643/555 141, +493643/555 182

Address International Office: Jenaer Str. 3, 99425 Weimar

The International Office and the International Tutors also regularly organize events to promote connections and a community for foreign students.

(E) Mut-Macherinnen, Project by DaMigra e.V. Erfurt

Support for refugee women

Web: <https://www.damigra.de/en/projekte/mut-macherinnen/ueber-das-projekt/>

Mail: erfurt@damigra.de

Phone: +49361/341 994 43, +49159/0489 2119

Counseling hours by appointment

Address: Leipziger Straße 2, 99085 Erfurt

(E) PRO ASYL Individual counseling

Support for refugees and migrants with asylum and residence law problems.

Web: <https://www.proasyl.de/en/pro-asyl-advice-in-individual-cases/>

Mail: beratung@proasyl.de

Phone: +4969/24 23 14-0

Open consultation hours: no counseling in person

Postal address: Postfach 16 06 24, 60069 Frankfurt am Main

Advice is provided exclusively by telephone or e-mail. Initial contact is requested by e-mail. PRO ASYL also covers legal costs in individual cases.

(E) Projekt A4 Männerberatung

Contact point for physical and psychological violence and stalking against men

Web: <https://maennerberatung-thueringen.de/>

Mail: beratung@maennerberatung-thueringen.de

Phone: +49151/288 156 18

Counseling hours by appointment

Address: August-Bebel-Str. 10, 07743 Jena

The team of the Projekt A4 has access to a simultaneous telephone interpreter service in several languages.

(E) Psychiatric outpatient clinic PIA Sophien- und Hufelandklinikum Weimar

Wide range of therapies for chronic mental illnesses, trauma outpatient clinic for victims of violence

Web: <https://www.klinikum-weimar.de/web/de/content/content.php?arealD=5&menuID=12&contentID=124>

Mail: psychiatrie@klinikum-weimar.de

Phone: +493643/571486

Counseling hours by appointment

Address: Zum Hospitalgraben 3, 99425 Weimar

(E) Psychosocial counseling of the Studierendenwerk Thüringen, Weimar

Open counseling

Web: <https://www.stw-thueringen.de/en/counselling/psycho-social-counselling/>

Mail: psb-weimar@stw-thueringen.de

Phone: +493643/581681

Open consultation hours: Tue 15:00–16:00, Thu 10:00–11:00

Address: Marienstraße 15a, 1st floor room 210 and 211, 99423 Weimar

In order to increase the chance of an appointment at short notice, it is also worth making a request for advice in other cities such as Erfurt, Jena or Leipzig, and in the case of more distant cities, possibly with the request for telephone or online advice.

(E) Legal advice of the Studierendenwerk Thüringen, Weimar

Open-topic advice on legal issues

Web: <https://www.stw-thueringen.de/en/counselling/legal-advice.html>

Mail: info@gasterstedt-bechtel.de

Phone: +493641/7962440

Counseling hours by appointment

Address: Rechtsanwälte Gasterstedt & Bechtel, Sophienstraße 7, 07743 Jena

You contact the law firm directly and fill out a data sheet to identify yourself as a student at a Thuringian university. The offer is limited to advice, whereas court representation and the drafting of documents are not covered. To increase your chances of getting an appointment at short notice, it is also worth asking for advice in other cities such as Erfurt, Jena or Leipzig, and in the case of more distant cities you may wish to request advice by telephone or online.

Pastoral care of the Protestant Student Community (ESG) Weimar, student pastor Esther-Maria Wedler
Open-topic counseling, emergency fund for financial support for foreign students
Web: <https://esgweimar.de/>
Mail: esther-maria.wedler@ekmd.de
Phone: +493643/859187
Counseling hours by appointment
Address of ESG Weimar: Herderplatz 6, 99423 Weimar

Pastoral care of the Catholic Student Community Jena, university pastor Deacon Daniel Pomm
Open counseling
Web: www.ksg-jena.de
Mail: hochschulseelsorge@ksg-jena.de
Phone: +493641/449276
Counseling hours by appointment
Address of KSG Jena: Am Johannisfriedhof 1, 07743 Jena

(E) Psychosocial Counseling Weimar

Psychosocial counseling and crisis intervention

Web: <https://www.weimar.de/leben/soziales-und-gesundheit/familie/gesundheit/sozialpsychiatrischer-dienst/>
and https://stadt.weimar.de/de/leistung/leistung/1835/zustaendigestelle/399/sozialpsychiatrischer_dienst.html

Mail: sozialpsychiatrischerdienst@stadtweimar.de

Phone: +493643/762 752, +493643/762 789

Open consultation hours: Tue 9:00–12:00 and 13:00–17:00, Thu 9:00–12:00 and 13:00–15:00, Fri 9:00–12:00

Address: Herderplatz 14, 99423 Weimar

In contrast to other psychosocial counseling centers, initial counseling is available at any time without a waiting period. The Psychosocial Counseling recommends e-mail as the fastest method of contact. It has access to a simultaneous telephone interpreter service in several languages.

(E) Queeres Zentrum Erfurt

Education, Counseling and Encounter regarding queer identities, Asylum and residence law advice for queer people

Web: <https://www.queeres-zentrum-erfurt.de/en/>

Mail: info@queeres-zentrum-erfurt.de

Phone: +49361/213 468 40

Counseling hours by appointment

Address: Johannesstraße 52, Waldenstraße entrance, 99084 Erfurt

The →Queere Zentrum Erfurt, which belongs to the same association, offers professional individual counseling. The peer-to-peer counseling Queerpeers can also be reached there (queerpeers@queerweg.de).

(E) Queer YMR, Department of the Bauhaus University Weimar Student Convention

Contact point, engagement and event organization, focus on queer topics and diversity

Web: <https://m18.uni-weimar.de/stuko/referate/queerymr>

Mail: queerymr@m18.uni-weimar.de

Phone: -

Counseling hours by appointment

Address: Marienstraße 18, 99423 Weimar

Due to a rebuild of the M18 homepage, the website may not be accessible at the beginning of 2024. Please contact us directly at the e-mail address provided.

(E) Scholarships and funding programmes of the FRANZ LISZT University of Music Weimar

Web: <https://www.hfm-weimar.de/en/study/financing-your-studies/scholarships-and-funding-programmes>

The →Academic and Student Affairs (ASA) department is responsible for providing information about the available scholarship programs. Certain programs also offer support in acute financial emergencies.

(E) Selbsthilfekontaktstelle Stadt Weimar

Referral to self-help groups for mental illnesses, chronic illnesses and disabilities, addictions, social problems and more

Web: <https://www.weimar.de/selbsthilfe>

Mail: selbsthilfe@stadtweimar.de

Phone: +493643/762 753

Open consultation hours: Tue 9:00–12:00

Address: Markt 13/14, 99423 Weimar

(E) Student Confidants Lea Ray and Marius Machill of the FRANZ LISZT University of Music Weimar

Initial contact and referral in cases of discrimination and harassment

Web: <https://www.hfm-weimar.de/en/university/equality-and-diversity/team-and-contact>

Mail: vertrauenspersonen@m18.uni-weimar.de

Phone: -

Counseling hours by appointment

Address: -

If you want your identity to remain hidden, use the →[digital anonymous mailbox](#) of the Student Confidants.

(E) Student Council of the FRANZ LISZT University of Music Weimar

Help with personal and study-related problems, representation of student interests vis-à-vis teachers, university management and higher authorities

Web: <https://www.hfm-weimar.de/en/study/student-council>

Mail: stura@hfm-weimar.de

Phone: -

Meeting times: Tuesday from 19:30 at Marienstraße 18, 99423 Weimar

Postal address: Platz der Demokratie 2/3, 99423 Weimar

Teilhabezentrum Weimar

Outpatient person-centered services for people with mental, intellectual and/or physical disabilities

Web: <https://traegerwerk-thueringen.de/unsere-angebote/gesundheits-und-teilhabe/teilhabezentren-thueringen/standorte-der-thueringer-thz/teilhabezentrum-weimar/>

Mail: thz-weimar@twsd.de

Phone: +493643/4789505

Counseling hours by appointment

Address: Eduard-Rosenthal-Straße 22b, 99423 Weimar

The counseling service is only available in German language. If possible, find a friend or another person you know to accompany you to counseling.

(E) Themis Vertrauensstelle gegen sexuelle Belästigung und Gewalt e.V.

Legal and psychological advice on sexualized violence in the cultural and media sector

Web: <https://themis-vertrauensstelle.de/>

Mail: beratung@themis-vertrauensstelle.de

Phone: +493023/63 20 20 (Mon, Wed and Thu 10:00–12:00, Wed and Thu 15:00–17:00)

Open consultation hours: no counseling in person

Postal address: Brückenstraße 4, 10179 Berlin

The telephone number given (+493023/63 20 20) is a hotline for acute situations. To make an appointment first, please dial +493023/63 20 10.

(E) TIAM Trans-Inter-Aktiv in Mitteldeutschland e.V.

Concerns and needs of all people not represented in the dual gender image

Web: <https://www.trans-inter-aktiv.org/>

Mail: info@trans-inter-aktiv.org

Phone: +49361/213 46 751

Open consultation hours: no counseling in person

Address: Johannesstraße 52, 99084 Erfurt

*Trans-Inter-Aktiv in central Germany does not offer its own individual counseling, but refers to other counseling services, forms its own community and organizes events. For individual counseling, please contact the → Trans*Inter*Beratungsstelle München or the → Queeres Zentrum Erfurt.*

(E) Trans*Inter*Beratungsstelle München

Help with legal and medical questions and social conflicts in the context of trans and intersexuality

Web: <https://www.trans-inter-beratungsstelle.de/en/>

Mail: info@trans-inter-beratungsstelle.de

Phone: +4989/54333-130

Address: Lindwurmstraße 71, 80337 Munich

Counseling hours by appointment

Counseling takes place in person, by phone or video call (Zoom, Redconnect), for shorter concerns also by email.

(E) Vielfalt Leben QueerWeg Verein für Thüringen e.V.

Support for diversity and queer-friendly projects

Web: <https://www.queerweg.de/>

Mail: info@queerweg.de

Phone: +493641/928 61 62

Counseling hours by appointment

Address: Löbdergraben 25a, 07743 Jena

Individual counseling is offered by the Queerpeers project of the → Queeres Zentrum Erfurt at queerpeers@queerweg.de.

(E) Violence against women support Hotline

Initial counseling and referrals in cases of violence against women

Web: <https://www.hilfetelefon.de/en.html>

Phone: 116 016

Open consultation hours: no counseling in person

Address: An den Gelenkbogenhallen 2-6, 50679 Cologne

Anonymous, barrier-free, free of charge and available in almost twenty other languages in addition to German. Chat advice also possible. Available around the clock, 365 days a year.

Weisser Ring e.V. Weimar branch office

(Financial) support for victims of crime

Web: <https://thueringen.weisser-ring.de/> and <https://weimar-stadt-weimarer-land-thueringen.weisser-ring.de/weimar-stadtweimarer-land> and <https://weisser-ring.de/hilfe-fuer-opfer/onlineberatung>

Mail: weimar@mail.weisser-ring.de

Phone: +49173/4188243, 116 006

Counseling hours by appointment

Address Thuringia state office: Michaelisstraße 24, 99084 Erfurt

The counseling service in branch office Weimar is only available in German language, but has access to a simultaneous telephone interpreter service in several languages. It can also be reached via facebook.